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# Mixing Times and Couplings

Recap. Metropolis algorithm takes:

(i) state set  $\Omega$

(ii) unnormalized weight func  $w: \Omega \rightarrow \mathbb{R}_{\geq 0}, w \neq 0$

(iii) "proposal distribution"  $K$ : symmetric Markov transition matrix on  $\Omega$ .

Metropolis Procedure:

In state  $i \in \Omega$  at time  $t$  ( $X_t = i$ )

(1) Sample random  $j \in \Omega$  with probability  $K_{ij}$ .

(2) with probability  $\min\left(1, \frac{w(j)}{w(i)}\right)$  accept transition:

$$X_{t+1} = j$$

(3) else  $X_{t+1} = i$ .

In equations this means Metropolis's Markov chain has transition matrix

$$P_{ij} = \begin{cases} K_{ij} \cdot \min\left(1, \frac{w(j)}{w(i)}\right) & \text{if } i \neq j \\ 1 - \sum_{k \neq i} P_{ik} & \text{if } i = j \end{cases}$$

Lemma. Let  $\pi = \frac{w}{Z}$  where  $Z = \sum_{i \in \Omega} w(i)$ .

$P$  is reversible w.r.t.  $\pi$ .  $\therefore$

$\pi$  is a stationary distribution of  $P$ .

Proof. Must show  $\forall i, j \quad \pi_i P_{ij} = \pi_j P_{ji}$

If  $i=j$ , trivial. So assume  $i \neq j$ .

$$\pi_i P_{ij} = \frac{w(i)}{Z} \cdot K_{ij} \cdot \min\left(1, \frac{w(j)}{w(i)}\right)$$

$$= \frac{K_{ij}}{Z} \cdot \min(w(i), w(j))$$

$$\pi_j P_{ji} = \frac{K_{ji}}{Z} \cdot \min(w(j), w(i))$$

The RHS are equal.

Example. For  $\Omega = [q]^{V(G)}$  where  $V(G)$  is

the vertex set of a graph  $G$ ,

$[q] = \{1, \dots, q\}$  is a set of colors,

$$w(x) = \begin{cases} 1 & \text{if } x(u) \neq x(v) \quad \forall \text{ edge } \{u, v\} \\ \emptyset & \text{otherwise} \end{cases}$$

Let  $n = |V(G)|$ .

Suppose proposal matrix  $K$  is

$$K_{ij} = \begin{cases} \frac{1}{q^n} & \text{if } \exists v \in V(G) \text{ s.t.} \\ & j(u) = i(u) \quad \forall u \neq v, \\ 0 & \text{otherwise} \end{cases}$$

Metropolis transition matrix:

$$P_{ij} = \begin{cases} \frac{1}{q^n} & \text{if } \exists v \in V(G) \text{ s.t. } j(u) = i(u) \quad \forall u \neq v \\ & \text{and } j \text{ is a proper coloring} \\ 0 & \text{otherwise} \end{cases}$$

# "Glauber dynamics"

We will analyze with  $g > 4 \cdot \Delta$

max degree  
of  $G$ .

Def. The  $\varepsilon$ -mixing time of a Markov chain,  $\tau_{\min}(\varepsilon)$ , is the smallest  $t_0 \in \mathbb{N}$  such that for every initial ~~state~~ distribution  $\pi$  and every  $t \geq t_0$ ,

$$\|\pi^T P^t - \pi^*\|_{TV} \leq \varepsilon$$

where  $\pi^*$  = the stationary distribution.

We aim to prove: for Glauber with  $g > 4 \Delta$   
 $\tau_{\text{mix}}(\varepsilon) \leq \text{poly}(n, g, \log(1/\varepsilon))$ .

Proof by coupling: Construct a joint distribution on pairs of state sequences

$$\begin{bmatrix} (x_0, x_1, x_2, \dots) \\ (x'_0, x'_1, \dots) \end{bmatrix}$$

such that:

(i)  $x_0$  drawn from  $\pi$ ,  $x'_0$  drawn from  $\pi^*$

(ii)  $x_0, x_1, x_2, \dots$  and  $x'_0, x'_1, x'_2, \dots$

both have the Markov transition dynamics given by  $P$ .

(iii)  $P_r(x_t \neq x'_t) \leq \varepsilon$  for all  $t \geq t_0$ .

Coupling for Glauber dynamics.

Propose the same transition  $(i_t, j_t)$  in both chains at all  $t$ .

How to analyze?

Let  $n(t) = \#\{v \mid X_t(v) \neq X'_t(v)\}$ .

$n(t)$  decreases <sup>to  $n(t)-1$</sup>  when the proposed transition picks some vertex  $v$  where  $X_t(v) \neq X'_t(v)$  and recolors with color  $c$  in both chains.

$$\Pr(n(t+1) = n(t) - 1) \geq \underbrace{\frac{n(t)}{n}}_{X_t(v) \neq X'_t(v)} \cdot \underbrace{\frac{q-2\Delta}{q}}_{c \text{ acceptable in both chains.}}$$

$n(t)$  increases to  $n(t)+1$  when the proposed vertex  $v$  has a neighbor  $w$  in one chain (not the other) with the proposed color,  $c$ .

$$\Pr(n(t+1) = n(t) + 1) \leq \underbrace{\frac{n(t)}{n}}_{v \text{ is a neighbor of a } w \text{ s.t. } X_t(w) \neq X'_t(w)} \cdot \underbrace{\Delta}_{\text{Pr that } c \text{ is in } \{X_t(w), X'_t(w)\}}$$